

Quality of life improvement in postmenopausal women

- **Obstetrics & Gynaecology department**
 - Menopause clinic**
 - Urogynaecology clinic**
- **Ongoing research**
 - **Hormone application and pessaries application**
 - **Sleep quality depending on different progestogen**



- **Exercise and habit changed after health education**
- **CO2 laser**
 - **Vaginal dryness treatment**
 - **Stress urinary incontinence**



Tailored management

- PCOS
- Thyroid problem
- Obesity
- Metabolic syndrome





**Character & health problems
changed**



**Treatment for
the next decade**

